Something worng

there’s something wrong with me

i’m feeling stuff

not stuff i want to feel —

i’m choked up at a movie

i’m listening to John Lennon

i’m caring about strangers

what’s going on?

that’s a misdirection

i know exactly what’s going on

i’ve missed my meds for two days now

and life is breaking in the windows of my soul

soon i will ask your forgiveness

and soon i will wish

that you’d never seen me cry